## 15<sup>th</sup> Annual San Gabriel Valley Track and Field Championships Saturday, April 16th, 2022 at Covina District Field

**Time**: New Field Events will begin at 1:30, Running at 2:00, gates will open at 11:30am.

Tickets: \$8 for adults; \$3 for students with ASB cards and kids.

Facilities: Nine-lane all-weather Benyon track and runways. All field events are contested

inside the stadium.

Amenities: There will be full and varied concessions, ample restrooms, meet programs, tee

shirts (\$10) and Varsity Jacket Participant patches (\$25)

**Competition**: New We will divide the Varsity competitions this year into two divisions, based on

enrollment adjusted for demographic factors. The top race will be the best athletes, regardless of division, then then two sections for each Varsity division, and a max of three Frosh/Soph sections. (You can view the proposed divisions here. You can read

about the methodology <a href="here">here</a>)

**Awards**: **Medals** will be awarded to the **top five finishers** in each division. Embroidered

jacket patches will we awarded to all Varsity Champions.

**Championship trophies** will be awarded to each division winner.

**Athlete of the Meet** Awards will be given to the top boy and girl of the meet.

Entries: Every participating school is guaranteed six accepted Varsity entries per gender,

and all Varsity relay entries will be accepted

<u>New</u> All entries will me made online through Ca.MileSplit.com. **Entries will close at 9:00 pm on Tuesday, April 5.** (Please note, this is earlier than previous years) There are no minimum standards for entry, and you will be charged for accepted entries only.

We will give priority to documented entry marks. Documented marks must be 1) achieved in an invitational meet with publicly posted marks. 2) Dual meets recorded contemporaneously in <a href="athletic.net">athletic.net</a> or Milesplit, i.e. teams must document their season on that website.

A list preliminary Accepted Entries & Alternates, Meet Schedule, and Opening Heights will be emailed to coaches by **9:00 pm on Wednesday, April 6.** You will have 24 hours to edit and correct your entries. The final Accepted Entries will be emailed and published on **Thursday, April 7.** Your fees will be based on this list.

**Fees**: \$10 per accepted entry (including relays), with a maximum fee of \$600 for each school - \$300 for single gender schools. Checks for the fees should be made out to "Covina High School". You must pay your fee on or before meet day.

**Access**: Athletes are allowed on the infield and track only when competing. There will be designated coaching areas near the field events; otherwise coaches may not enter the infield or the track.

**Check-In:** New Athletes must check in 20 minutes before the scheduled event time at the clerk for running events and at the event site. Athletes who arrive late will be moved to a later section or flight if there is space available.

**Spikes:** 1/4" pyramid ONLY – Spikes will be for sale on meet day - \$5 for 12

**Results**: Live results will be available on the Finished Results app. Printed results will be posted shortly after each event. Complete results will be posted after the meet at PrepCalTrack.com, FinishedResults.com and <u>SGVTrackandField.net</u>, and will be emailed to the coaches.

Contact: The Meet Director is Bob Ramsey bramseyjr@gmail.com 626/823-2377 sgvtrackandfield.net