

# 2015 All San Gabriel Valley Track & Field Standards

<u>Boys</u>	<u>'14</u>		<u>Girls</u>	<u>'14</u>
11.20	10	<b>100m</b>	12.59	13
22.63	6	<b>200m</b>	25.89	5
50.58	13	<b>400m</b>	59.18	12
1:58.83	14	<b>800m</b>	2:19.88	8
4:25.04	15	<b>1600m</b>	5:11.21	8
9:37.17	17	<b>3200m</b>	11:18.89	3
15.48	12	<b>110/100m Hurdles</b>	15.79	8
40.67	10	<b>300m Hurdles</b>	46.77	10
43.91	10	<b>400m Relay</b>	50.24	9
3:28.90	7	<b>1600m Relay</b>	4:06.75	6
50-06	2	<b>Shot</b>	36-10	6
151-09	2	<b>Discus</b>	117-06	4
6-02	9	<b>High Jump</b>	5-01	7
13-08	7	<b>Pole Vault</b>	10-03	5
21-01	15	<b>Long Jump</b>	16-08	7
42-08	6	<b>Triple Jump</b>	34-10	6

These standards are 102% (or 98% for field events) of the 100<sup>th</sup> Best California Performer in each event during the 2014 Track and Field season.

'14 = the number of athletes who achieved the standard in 2014