

## SGV at Woodward Park (5000m) All-Time Best Performers

Time	Athlete	School	Year	Meet
1 14:43	Phillip Rocha	Arcadia	2015	State Championships
14:43	Ammar Moussa	Arcadia	2010	State Championships
3 14:53	Samuel Pons	South Pasadena	2009	Clovis Invitational
4 14:57	Jesus Gutierrez	Pasadena	1982	Kinney West
5 15:01	Aaron Mascorro	Rosemead	1986	Kinney West
6 15:02	Sergio Gonzalez	Arcadia	2010	State Championships
7 15:03	Scott Hempell	Walnut	1988	Kinney West
15:03	Estevan De La Rosa	Arcadia	2013	State Championships
9 15:06	Angel Martinez	San Gabriel	1991	State Championships
15:06	Mitchell Pratt	Arcadia	2012	State Championships
11 15:07	Jack Van Scoter	Flintridge Prep	2015	State Championships
12 15:08	Jaime Ortega	Arroyo	1987	Kinney West
13 15:11	Alan Yoho	Flintridge Prep	2013	State Championships
14 15:13	Mohammed Trafteh	Duarte	2002	State Championships
15:13	Renaud Polzat	Arcadia	2008	State Championships
16 15:14	Owen Bishop	Claremont	2016	State Championships
17 15:19	Jeff Kirwin	Glendora	2013	Clovis Invitational
18 15:20	Diego Mercado	West Covina	2004	State Championships
19 15:21	Brasley Manuel	Montebello	1982	Kinney West
15:21	Ryan Vargas	Arcadia	2010	State Championships
15:21	Paul Ross	Claremont	2010	Clovis Invitational
22 15:23	Luis Medina	Arroyo	2003	State Championships
15:23	Aaron Mora	Whittier	2011	State Championships
15:23	Millen Trujillo	Walnut	2014	State Championships
25 15:25	Mike Lowrie	Claremont	2014	State Championships
26 15:26	Salvador Capetillo	Baldwin Park	2015	State Championships
27 15:27	Matt Hempell	Walnut	1988	Kinney West
15:27	Sam Garcia	Arroyo	2012	State Championships
15:27	Ruben Dominguez	Don Bosco Tech	2013	State Championships
30 15:28	Allen Leung	Arcadia	2010	Clovis Invitational
31 15:29	Stephen Imlay	Temple City	1984	Kinney West
15:29	Robbie Santoyo	Bishop Amat	2015	State Championships
15:29	Jeff Gilkey	Arroyo	1987	State Championships
34 15:30	Ernie del Gado	Rowland	1988	State Championships
15:30	Pedro De Alba	El Rancho	2008	Clovis Invitational
15:30	Daniel De La Torre	La Salle	2012	State Championships
15:30	Samuel Bautista	California	2014	Clovis Invitational
15:30	Danny Mercado	West Covina	2005	State Championships
39 15:31	J.P. Hall	La Salle	1983	Kinney West
15:31	Henry Falotico	Claremont	2010	Clovis Invitational
15:31	Adam Johnson	Claremont	2014	State Championships
15:31	Ryan Renken	Claremont	2016	State Championships
15:31	Evan Pattinelli	Flintridge Prep	2017	Clovis Invitational
15:31	Derrick Powers	Arroyo	1987	State Championships
45 15:32	David Baca	San Marino	1983	Kinney West
15:32	Anthony Castro	Glendora	2009	State Championships
47 15:33	Mark Hamer	Covina	1991	State Championships
15:33	Colin Domonoske	Claremont	2010	State Championships
15:33	Jarrick Wenslow	Arcadia	2013	Clovis Invitational
50 15:34	Mark Batres	Don Bosco Tech	2001	Clovis Invitational

## SGV at Woodward Park (5000m) All-Time Best Performers

Podium Teams	Year & Place
Flintridge Prep	2016 - 2nd
	2015 - 1st
	2014 - 3rd
	2012 - 2nd
	2009 - 3rd
	2008 - 2nd
	2006 - 3rd
	2005 - 2nd
	2004 - 1st
	2003 - 2nd
	2002 - 1st
	2001 - 3rd
	2000 - 2nd
	1999 - 1st
	1998 - 1st
	1997 - 2nd
	Arcadia
2012 - 1st	
2011 - 2nd	
2010 - 1st	
2009 - 3rd	
2005 - 3rd	
Maranatha	2003 - 1st
	1998 - 2nd
	1997 - 1st
	1990 - 2nd
	1988 - 2nd
Don Bosco Tech	2011 - 3rd
	2009 - 3rd
	1999 - 1st
	1998 - 2nd
San Marino	1997 - 1st
	1992 - 2nd
	1991 - 2nd
Bishop Amat	1990 - 1st
	2015 - 2nd
	2014 - 1st
Walnut	1988 - 3rd
	1987 - 1st
Claremont	2016 - 1st
	2010 - 3rd
Arroyo	1987 - 1st
South Hills	1999 - 3rd
	1997 - 2nd
Polytechnic	2009 - 2nd
	2007 - 3rd
Rowland	1988 - 2nd
Glendora	2009 - 2nd
California	2012 - 2nd
Baldwin Park	2015 - 2nd