#### **100 meters**

SGV Record: 10.31 Remontay McClain (Covina) 2011

2016 SGV Best: 10.53 Zachary Shinnick\* (Damien)

SGV '17 Standard: 11.17 California #100: 10.95 SGV ALL-TIME #50: 10.74

| <u>Time</u> | <u>Athlete</u>            | <u>Gr</u> | <u>School</u> | Notes            |
|-------------|---------------------------|-----------|---------------|------------------|
| 10.77       | Jaloni West               | 11        | Pasadena      |                  |
| 10.97       | <b>Michael Washington</b> | 11        | Monrovia      |                  |
| 11.06w      | Ryan Farias               | 11        | South Hills   | WL Best is 11.08 |
|             |                           |           |               |                  |
|             |                           |           |               |                  |
|             |                           |           |               |                  |

Marks with wind readings of up to 3.0 mps are included

#### 200 meters

SGV Record: 20.57y James Sanford (Pasadena) 1977

2016 SGV Best: 21.19 Zachary Sninnick\* (Damien)

SGV '17 Standard: 22.62 California #100: 22.17 SGV ALL-TIME #50: 21.75

| <u>Time</u> | <u>Athlete</u>   | <u>Gr</u> | <u>School</u> | <u>Notes</u>             |
|-------------|------------------|-----------|---------------|--------------------------|
| 21.71       | Zachary Shinnick | 11        | Damien        | NWI PR 21.10 - #9 AT SGV |
| 22.50w      | Ryan Farias      | 11        | South Hills   | W+2.3                    |
| 22.57       | Tyrie Lane       | 11        | Wilson        |                          |
|             |                  |           |               |                          |
|             |                  |           |               |                          |
|             |                  |           |               |                          |

Marks with wind readings of up to 3.0 mps are included

#### 400 meters

SGV Record: 45.14 Obea Moore (Muir) 1995

2016 SGV Best: 47.71 Alex Perez (Damien)

SGV '17 Standard: 50.81 California #100: 49.73 SGV ALL-TIME #50: 48.66

| Time  | Athlete            | <u>Gr</u> | <u>School</u> | Notes |
|-------|--------------------|-----------|---------------|-------|
| 49.96 | Darren Meyers      | 12        | Muir          |       |
| 50.09 | Nick Guajardo      | 11        | Bishop Amat   |       |
| 50.14 | Michael Washington | 11        | Monrovia      |       |
| 50.33 | Jake Lamb          | 12        | Glendora      |       |
| 50.55 | Demian Sanchez     | 11        | Schurr        |       |
| 50.57 | Leon Ho            | 11        | Rowland       |       |
| 50.66 | Jacob Arellano     | 10        | Walnut        |       |

#### 800 meters

SGV Record: 1:46.41 Michael Granville (Bell Gardens) 1996

2016 SGV Best: 1:53.47 Dillon Beckum\* (Bonita)

SGV '17 Standard: 1:59.05 California #100: 1:56.67 SGV ALL-TIME #50: 1:54.24

| <u>Time</u> | Athlete       | <u>Gr</u> | <u>School</u> | Notes                       |
|-------------|---------------|-----------|---------------|-----------------------------|
| 1:54.07     | Dillon Beckum | 12        | Bonita        | PR 1:53.47 #34 All-Time SGV |
| 1:54.71     | Jake Lamb     | 12        | Glendora      |                             |
| 1:58.20     | John Martinez | 10        | Rowland       |                             |
| 1:58.89     | Steven Khan   | 12        | Ayala         |                             |
|             |               |           |               |                             |
|             |               |           |               |                             |

#### 1600 meters

SGV Record: 4:06.61y Amar Mussa (Arcadia) 2011

2016 SGV Best: 4:09.58 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 4:25.17 California #100: 4:19.87 SGV ALL-TIME #50: 4:16.84

| Time     | Athlete         | <u>Gr</u> | <u>School</u> | Notes                         |
|----------|-----------------|-----------|---------------|-------------------------------|
| 4:10.40y | Owen Bishop     | 12        | Claremont     | SR & #12 All-Time SGV         |
| 4:10.87y | Ryan Renken     | 12        | Claremont     | #14 All-Time SGV              |
| 4:13.94y | Dillon Beckham  | 12        | Bonita        | PR 4:09.21 is #6 All-Time SGV |
| 4:18.35  | Zach Arias      | 11        | Ayala         |                               |
| 4:22.80  | Anthony Garcia  | 11        | Baldwin Park  |                               |
| 4:17.07  | Steven Khan     | 12        | Ayala         |                               |
| 4:23.51  | Angel Aguirre   | 12        | California    |                               |
| 4:24.42  | Quinn Estrada   | 12        | California    |                               |
| 4:24.98  | Boris Zeissig   | 12        | Ayala         |                               |
| 4:25.15  | Andrew Martinez | 10        | Ayala         |                               |

*y* = times converted from mile (x .9942)

### 3200 meters

SGV Record: 8:48.71y Amar Mussa (Arcadia) 2011

2016 SGV Best: 8:51.32 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 9:39.35 California #100: 9:27.48 SGV ALL-TIME #50: 9:14.05

| <u>Time</u> | Athlete         | <u>Gr</u> | <u>School</u>   | Notes                       |
|-------------|-----------------|-----------|-----------------|-----------------------------|
| 8:57.44     | Owen Bishop     | 12        | Claremont       | SR and #12 All-Time SGV     |
| 9:07.71     | Ryan Renken     | 12        | Claremont       | PR 9:02.59 #20 All-Time SGV |
| 9:15.81     | Angel Aguirre   | 12        | California      |                             |
| 9:22.38     | Steven Khan     | 12        | Ayala           |                             |
| 9:23.75     | Zach Arias      | 11        | Ayala           |                             |
| 9:23.99     | Evan Pattinelli | 11        | Flintridge Prep |                             |
| 9:30.48     | Quinn Estrada   | 12        | California      |                             |
| 9:31.03     | Jose Melchor    | 12        | Baldwin Park    |                             |
| 9:32.16     | Tyler Jackson   | 12        | Bonita          |                             |
| 9:37.60     | Andrew Martinez | 12        | Ayala           |                             |
| 9:38.22     | Nicolas Mijarez | 11        | Whittier        |                             |
|             |                 |           |                 |                             |
|             |                 |           |                 |                             |

This list is based on all recorded performances through April 8, 2017

### **110 meter Hurdles**

SGV Record: 13.54 Marcell Allmond (St. Paul) 1999

2016 SGV Best: 14.03 Jasher Foster (St. Francis) & Alan Tantiwassadakran (Walnut)

SGV '17 Standard: 15.49 California #100: 15.18 SGV ALL-TIME #50: 14.44

| Time  | Athlete         | <u>Gr</u> | School   | Notes |
|-------|-----------------|-----------|----------|-------|
| 14.93 | Hakim Williams  | 12        | Covina   |       |
| 14.93 | Josh Kelly      | 12        | Arcadia  |       |
| 15.00 | Owen Qin-Wilson | 11        | Glendora | NWI   |
| 15.35 | Lance Babb      | 10        | Schurr   | NWI   |
|       |                 |           |          |       |
|       |                 |           |          |       |

Marks with wind readings of up to 3.0 mps are included

### **300 meter Hurdles**

SGV Record: 36.18 Makio Haywood (Muir) 1996

2016 SGV Best: 37.62 Jasher Foster (St. Francis)

SGV '17 Standard: 40.68 California #100: 39.87 SGV ALL-TIME #50: 38.30

| <u>Time</u> | Athlete        | <u>Gr</u> | School | Notes |
|-------------|----------------|-----------|--------|-------|
| 40.28       | Hakim Williams | 12        | Covina |       |
| 40.47       | Hunter Walker  | 12        | Damien |       |
|             |                |           |        |       |
|             |                |           |        |       |
|             |                |           |        |       |
|             |                |           |        |       |

### 4 x 100m Relay

SGV Record: 40.28 Muir 1997

2016 SGV Best: 41.54c Damien

SGV '17 Standard: 43.92 California #100: 43.05 SGV ALL-TIME #50: 42.14

| Time  | Athlete | <u>Gr</u> | <u>School</u> | Notes |
|-------|---------|-----------|---------------|-------|
| 43.07 |         |           | Damien        |       |
| 43.15 |         |           | Bishop Amat   |       |
| 43.66 |         |           | Marshall      |       |
| 43.88 |         |           | Diamond Ranch |       |
| 43.91 |         |           | Rowland       |       |
|       |         |           |               |       |

### 4 x 400m Relay

SGV Record: 3:08.66 Muir 1997

2016 SGV Best: 3:23.14 Damein

SGV '17 Standard: 3:29.60 California #100: 3:25.42 SGV ALL-TIME #50: 3:19.24

| <u>Time</u> | <u>Athlete</u> | <u>Gr</u> | <u>School</u> | Notes |
|-------------|----------------|-----------|---------------|-------|
| 3:26.25     |                |           | Bishop Amat   |       |
| 3:26.90     |                |           | Glendora      |       |
| 3:27.05     |                |           | Claremont     |       |
| 3:27.37     |                |           | Monrovia      |       |
| 3:29.44     |                |           | Arcadia       |       |
|             |                |           |               |       |
|             |                |           |               |       |

### Shot

SGV Record: 65-09.75 John Buehler (Whittier) 1967

2016 SGV Best: 54-09.50 Anthony Garcia (Edgewood)

SGV '17 Standard: 49-05 California #100: 50-04 SGV ALL-TIME #50: 57-07

| Mark  | Athlete      | <u>Gr</u> | <u>School</u> | Notes |
|-------|--------------|-----------|---------------|-------|
| 49-07 | Kevin Thomas | 12        | Northview     |       |
|       |              |           |               |       |
|       |              |           |               |       |
|       |              |           |               |       |
|       |              |           |               |       |
|       |              |           |               |       |

#### Discus

SGV Record: 196-05 Kyle Hammerquest (Webb) 2004

2016 SGV Best: 178-03 Tim Krasnoperov (Polytechnic)

SGV '17 Standard: 149-09 California #100: 152-10 SGV ALL-TIME #50: 158-04

| <u>Mark</u> | <u>Athlete</u> | <u>Gr</u> | <u>School</u> | Notes |
|-------------|----------------|-----------|---------------|-------|
|             |                |           |               |       |
|             |                |           |               |       |
|             |                |           |               |       |
|             |                |           |               |       |
|             |                |           |               |       |
|             |                |           |               |       |

### **High Jump**

SGV Record: 7-01 Mark Wilson (Charter Oak) 1989

2016 SGV Best: 6-04 Colin Cavanaugh

SGV '17 Standard: 6-02 California #100: 6-03 SGV ALL-TIME #50: 6-07

| <u>Mark</u> | Athlete          | <u>Gr</u> | <u>School</u>  | Notes             |
|-------------|------------------|-----------|----------------|-------------------|
| 6-07        | Matthew Molina   | 10        | St. Francis    | #46= All-Time SGV |
| 6-04        | Michael Stine    | 09        | Bishop Amat    |                   |
| 6-04        | Antwuan Ayers    | 12        | Northview      |                   |
| 6-02        | Lance Babb       | 11        | Schurr         |                   |
| 6-02        | Chuma Azinge     | 11        | San Marino     |                   |
| 6-02        | Kellian Goyenaga | 12        | El Rancho      |                   |
| 6-02        | Max Schoerner    | 12        | South Pasadena |                   |
|             |                  |           |                |                   |

### **Pole Vault**

SGV Record: 16-04.75 Paul Hegler (Muir) 1966

2016 SGV Best: 16-02 Esteban Suarez (South Pasadena)

SGV '17 Standard: 13-09 California #100: 14-00 SGV ALL-TIME #50: 14-06.50

| <u>Mark</u> | <u>Athlete</u>  | <u>Gr</u> | <u>School</u> | Notes             |
|-------------|-----------------|-----------|---------------|-------------------|
| 14-09       | Garrett Silva   | 12        | California    | #39= All-Time SGV |
| 14-06       | Max McGuire     | 12        | Claremont     |                   |
| 14-00       | Thomas Prata    | 11        | Rowland       |                   |
| 14-00       | Christian Brady | 12        | South Hills   |                   |
|             |                 |           |               |                   |
|             |                 |           |               |                   |
|             |                 |           |               |                   |
|             |                 |           |               |                   |

#### Long Jump

SGV Record: 26-00.75 Jerry Proctor (Muir) 1967

2016 SGV Best: 22-07.75 Darius Jing\*\* (Arcadia)

SGV '17 Standard: 21-01 California #100: 21-05.50 SGV ALL-TIME #50: 23-05.75

| <u>Mark</u> | Athlete         | <u>Gr</u> | <u>School</u> | Notes |
|-------------|-----------------|-----------|---------------|-------|
| 22-08.50    | B.J. Ubani      | 12        | West Covina   | NWI   |
| 22-02.50    | Darius Jing     | 11        | Arcadia       |       |
| 21-11.50    | Jabari Reynolds | 12        | Ayala         |       |
| 21-03       | Julian Thai     | 10        | Gabrielino    | NWI   |
| 21-01       | Justin Campbell | 11        | Rosemead      | NWI   |
|             |                 |           |               |       |

Marks with wind readings of up to 3.0 mps are included

### **Triple Jump**

SGV Record: 53-06.50 Joe Richardson (Pasadena) 1984

2016 SGV Best: 47-10.25 B.J. McLaurin (Bonita)

SGV '17 Standard: 42-07 California #100: 43-05 SGV ALL-TIME #50: 46-06.25

| <u>Mark</u> | Athlete         | Gr | <u>School</u> | <u>Notes</u> |
|-------------|-----------------|----|---------------|--------------|
| 46-06.75w   | Byran Brown     | 12 | Claremont     |              |
| 43-08       | B.J. Ubani      | 12 | West Covina   | NWI          |
| 43-07.50    | Willie Morris   | 12 | Chino         | NWI          |
| 43-02       | P.J. Carberry   | 12 | Ayala         | NWI          |
| 42-09       | Matthew Molina  | 10 | St. Francis   | NWI          |
| 42-09       | Jabari Reynolds | 12 | Ayala         |              |
| 42-07       | Tevin Gordon    | 12 | Ayala         |              |
|             |                 |    |               |              |
|             |                 |    |               |              |

Marks with wind readings of up to 3.0 mps are included