100 meters

SGV Record: 10.31 Remontay McClain (Covina) 2011

2016 SGV Best: 10.53 Zachary Shinnick* (Damien)

SGV '17 Standard: 11.17 California #100: 10.95 SGV ALL-TIME #50: 10.74

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
10.77	Jaloni West	11	Pasadena	
10.97	Michael Washington	11	Monrovia	
11.06w	Ryan Farias	11	South Hills	WL Best is 11.08
11.15	Justin Fong	10	Polytechnic	

Marks with wind readings of up to 3.0 mps are included

200 meters

SGV Record: 20.57y James Sanford (Pasadena) 1977

2016 SGV Best: 21.19 Zachary Sninnick* (Damien)

SGV '17 Standard: 22.62 California #100: 22.17 SGV ALL-TIME #50: 21.75

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
21.71	Zachary Shinnick	11	Damien	NWI PR 21.10 - #9 AT SGV
22.50w	Ryan Farias	11	South Hills	W+2.3
22.57	Tyrie Lane	11	Wilson	
22.60	Justin Fong	10	Polytechnic	

Marks with wind readings of up to 3.0 mps are included

400 meters

SGV Record: 45.14 Obea Moore (Muir) 1995

2016 SGV Best: 47.71 Alex Perez (Damien)

SGV '17 Standard: 50.81 California #100: 49.73 SGV ALL-TIME #50: 48.66

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
49.85	Jacob Arellano	10	Walnut	
49.96	Darren Meyers	12	Muir	
50.09	Nick Guajardo	11	Bishop Amat	
50.14	Michael Washington	11	Monrovia	
50.33	Jake Lamb	12	Glendora	
50.55	Demian Sanchez	11	Schurr	
50.57	Leon Ho	11	Rowland	
50.73	Brendan Fong	10	Polytechnic	

800 meters

SGV Record: 1:46.41 Michael Granville (Bell Gardens) 1996

2016 SGV Best: 1:53.47 Dillon Beckum* (Bonita)

SGV '17 Standard: 1:59.05 California #100: 1:56.67 SGV ALL-TIME #50: 1:54.24

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
1:53.80	Jake Lamb	12	Glendora	#43 All-Time SGV
1:54.07	Dillon Beckum	12	Bonita	PR 1:53.47 #34 All-Time SGV
1:58.20	John Martinez	10	Rowland	
1:58.77	Zach Arias	11	Ayala	
1:58.89	Steven Khan	12	Ayala	
1:58.97	Ryan Renken	12	Claremont	

1600 meters

SGV Record: 4:06.61y Amar Mussa (Arcadia) 2011

2016 SGV Best: 4:09.58 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 4:25.17 California #100: 4:19.87 SGV ALL-TIME #50: 4:16.84

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
4:09.57y	Ryan Renken	12	Claremont	SR & #8 All-Time SGV
4:10.09y	Owen Bishop	12	Claremont	& #12 All-Time SGV
4:13.94y	Dillon Beckham	12	Bonita	PR 4:09.21 is #6 All-Time SGV
4:17.07	Steven Khan	12	Ayala	
4:18.35	Zach Arias	11	Ayala	
4:22.80	Anthony Garcia	11	Baldwin Park	
4:23.51	Angel Aguirre	12	California	
4:24.42	Quinn Estrada	12	California	
4:24.98	Boris Zeissig	12	Ayala	
4:25.15	Andrew Martinez	10	Ayala	

y = times converted from mile (x.9942)

3200 meters

SGV Record: 8:48.71y Amar Mussa (Arcadia) 2011

2016 SGV Best: 8:51.32 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 9:39.35 California #100: 9:27.48 SGV ALL-TIME #50: 9:14.05

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
8:57.44	Owen Bishop	12	Claremont	SR and #12 All-Time SGV
9:06.42	Steven Khan	12	Ayala	
9:07.71	Ryan Renken	12	Claremont	PR 9:02.59 #20 All-Time SGV
9:12.23	Zach Arias	11	Ayala	
9:15.81	Angel Aguirre	12	California	
9:23.99	Evan Pattinelli	11	Flintridge Prep	
9:29.41	Andrew Martinez	12	Ayala	
9:30.48	Quinn Estrada	12	California	
9:31.03	Jose Melchor	12	Baldwin Park	
9:32.16	Tyler Jackson	12	Bonita	
9:37.78	Oliver Chang	11	South Pasadena	
9:38.22	Nicolas Mijarez	11	Whittier	

110 meter Hurdles

SGV Record: 13.54 Marcell Allmond (St. Paul) 1999

2016 SGV Best: 14.03 Jasher Foster (St. Francis) & Alan Tantiwassadakran (Walnut)

SGV '17 Standard: 15.49 California #100: 15.18 SGV ALL-TIME #50: 14.44

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
14.93	Hakim Williams	12	Covina	
14.93	Josh Kelly	12	Arcadia	
15.00	Owen Qin-Wilson	11	Glendora	NWI
15.35	Lance Babb	10	Schurr	NWI

Marks with wind readings of up to 3.0 mps are included

300 meter Hurdles

SGV Record: 36.18 Makio Haywood (Muir) 1996

2016 SGV Best: 37.62 Jasher Foster (St. Francis)

SGV '17 Standard: 40.68 California #100: 39.87 SGV ALL-TIME #50: 38.30

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
40.28	Hakim Williams	12	Covina	
40.47	Hunter Walker	12	Damien	

4 x 100m Relay

SGV Record: 40.28 Muir 1997

2016 SGV Best: 41.54c Damien

SGV '17 Standard: 43.92 California #100: 43.05 SGV ALL-TIME #50: 42.14

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
43.07			Damien	
43.15			Bishop Amat	
43.66			Marshall	
43.88			Diamond Ranch	
43.91			Rowland	

4 x 400m Relay

SGV Record: 3:08.66 Muir 1997

2016 SGV Best: 3:23.14 Damein

SGV '17 Standard: 3:29.60 California #100: 3:25.42 SGV ALL-TIME #50: 3:19.24

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
3:25.48			Whittier	
3:25.87			Glendora	
3:26.25			Bishop Amat	
3:27.05			Claremont	
3:27.37			Monrovia	
3:29.44			Arcadia	

Shot

SGV Record: 65-09.75 John Buehler (Whittier) 1967

2016 SGV Best: 54-09.50 Anthony Garcia (Edgewood)

SGV '17 Standard: 49-05 California #100: 50-04 SGV ALL-TIME #50: 57-07

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
49-07	Kevin Thomas	12	Northview	

Discus

SGV Record: 196-05 Kyle Hammerquest (Webb) 2004

2016 SGV Best: 178-03 Tim Krasnoperov (Polytechnic)

SGV '17 Standard: 149-09 California #100: 152-10 SGV ALL-TIME #50: 158-04

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>

High Jump

SGV Record: 7-01 Mark Wilson (Charter Oak) 1989

2016 SGV Best: 6-04 Colin Cavanaugh

SGV '17 Standard: 6-02 California #100: 6-03 SGV ALL-TIME #50: 6-07

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
6-07	Matthew Molina	10	St. Francis	#46= All-Time SGV
6-04	Michael Stine	09	Bishop Amat	
6-04	Antwuan Ayers	12	Northview	
6-04	Miles Johnson	12	Marshall	
6-02	Lance Babb	11	Schurr	
6-02	Chuma Azinge	11	San Marino	
6-02	Kellian Goyenaga	12	El Rancho	
6-02	Max Schoerner	12	South Pasadena	

Pole Vault

SGV Record: 16-04.75 Paul Hegler (Muir) 1966

2016 SGV Best: 16-02 Esteban Suarez (South Pasadena)

SGV '17 Standard: 13-09 California #100: 14-00 SGV ALL-TIME #50: 14-06.50

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
14-09	Garrett Silva	12	California	#39= All-Time SGV
14-06	Max McGuire	12	Claremont	
14-06	Christian Brady	12	South Hills	
14-04	Thomas Prata	11	Damien	

Long Jump

SGV Record: 26-00.75 Jerry Proctor (Muir) 1967

2016 SGV Best: 22-07.75 Darius Jing** (Arcadia)

SGV '17 Standard: 21-01 California #100: 21-05.50 SGV ALL-TIME #50: 23-05.75

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
22-08.50	B.J. Ubani	12	West Covina	NWI
22-08.25v	Jabari Reynolds	12	Ayala	WL Best 21-11.50
22-02.50	Darius Jing	11	Arcadia	
21-03	Julian Thai	10	Gabrielino	NWI
21-01	Justin Campbell	11	Rosemead	NWI

Marks with wind readings of up to 3.0 mps are included

Triple Jump

SGV Record: 53-06.50 Joe Richardson (Pasadena) 1984

2016 SGV Best: 47-10.25 B.J. McLaurin (Bonita)

SGV '17 Standard: 42-07 California #100: 43-05 SGV ALL-TIME #50: 46-06.25

Mark	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
46-06.75w	Byran Brown	12	Claremont	
44-03.50	Jabari Reynolds	12	Ayala	
43-08	B.J. Ubani	12	West Covina	NWI
43-07.50	Willie Morris	12	Chino	NWI
43-02	P.J. Carberry	12	Ayala	NWI
42-09.50	Tianho Wei	09	South Pasadena	NWI
42-09	Matthew Molina	10	St. Francis	NWI
42-07	Tevin Gordon	12	Ayala	

Marks with wind readings of up to 3.0 mps are included