100 meters

SGV Record: 10.31 Remontay McClain (Covina) 2011

2016 SGV Best: 10.53 Zachary Shinnick* (Damien)

SGV '17 Standard: 11.17 California #100: 10.95 SGV ALL-TIME #50: 10.74

<u>Time</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
10.77	Jaloni West	11	Pasadena	
11.01	Michael Washington	11	Monrovia	
11.06w	Ryan Farias	11	South Hills	WL Best is 11.08

Marks with wind readings of up to 3.0 mps are included

200 meters

SGV Record: 20.57y James Sanford (Pasadena) 1977

2016 SGV Best: 21.19 Zachary Sninnick* (Damien)

SGV '17 Standard: 22.62 California #100: 22.17 SGV ALL-TIME #50: 21.75

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
21.71	Zachary Shinnick	11	Damien	NWI PR 21.10 - #9 AT SGV
22.50w	Ryan Farias	11	South Hills	W+2.3
22.57	Tyrie Lane	11	Wilson	

Marks with wind readings of up to 3.0 mps are included

400 meters

SGV Record: 45.14 Obea Moore (Muir) 1995

2016 SGV Best: 47.71 Alex Perez (Damien)

SGV '17 Standard: 50.81 California #100: 49.73 SGV ALL-TIME #50: 48.66

Time	Athlete	<u>Gr</u>	<u>School</u>	Notes
49.96	Darren Meyers	12	Muir	
50.09	Nick Guajardo	11	Bishop Amat	
50.14	Michael Washington	11	Monrovia	
50.33	Jake Lamb	12	Glendora	
50.55	Demian Sanchez	11	Schurr	
50.57	Leon Ho	11	Rowland	
50.66	Jacob Arellano	10	Walnut	

800 meters

SGV Record: 1:46.41 Michael Granville (Bell Gardens) 1996

2016 SGV Best: 1:53.47 Dillon Beckum* (Bonita)

SGV '17 Standard: 1:59.05 California #100: 1:56.67 SGV ALL-TIME #50: 1:54.24

Time	Athlete	<u>Gr</u>	<u>School</u>	Notes
1:54.41	Dillon Beckum	11	Bonita	PR 1:53.47 #34 All-Time SGV
1:54.71	Jake Lamb	12	Glendora	
1:58.20	John Martinez	10	Rowland	

1600 meters

SGV Record: 4:06.61y Amar Mussa (Arcadia) 2011

2016 SGV Best: 4:09.58 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 4:25.17 California #100: 4:19.87 SGV ALL-TIME #50: 4:16.84

Time	Athlete	<u>Gr</u>	<u>School</u>	Notes
4:10.40y	Owen Bishop	12	Claremont	SR & #12 All-Time SGV
4:10.87y	Ryan Renken	12	Claremont	#14 All-Time SGV
4:13.94y	Dillon Beckham	12	Bonita	PR 4:09.21 is #6 All-Time SGV
4:18.35	Zach Arias	11	Ayala	
4:22.80	Anthony Garcia	11	Baldwin Park	
4:17.07	Steven Khan	12	Ayala	
4:23.51	Angel Aguirre	12	California	
4:24.42	Quinn Estrada	12	California	
4:24.98	Boris Zeissig	12	Ayala	
4:25.15	Andrew Martinez	10	Ayala	

y = times converted from mile (x .9942)

3200 meters

SGV Record: 8:48.71y Amar Mussa (Arcadia) 2011

2016 SGV Best: 8:51.32 Jack Van Scoter (Flintridge Prep)

SGV '17 Standard: 9:39.35 California #100: 9:27.48 SGV ALL-TIME #50: 9:14.44

<u>Time</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
9:18.94	Owen Bishop	12	Claremont	
9:21.66	Ryan Renken	12	Claremont	PR 9:02.59 #19 All-Time SGV
9:22.38	Steven Khan	12	Ayala	
9:23.75	Zach Arias	11	Ayala	
9:31.03	Jose Melchor	12	Baldwin Park	
9:32.16	Tyler Jackson	12	Bonita	
9:34.32	Cesar Bermudez	12	Sierra Vista	
9:34.40	Quinn Estrada	12	California	
9:35.66	Evan Pattinelli	11	Flintridge Prep	
9:37.60	Andrew Martinez	12	Ayala	
9:38.22	Nicolas Mijarez	11	Whittier	

110 meter Hurdles

SGV Record: 13.54 Marcell Allmond (St. Paul) 1999

2016 SGV Best: 14.03 Jasher Foster (St. Francis) & Alan Tantiwassadakran (Walnut)

SGV '17 Standard: 15.49 California #100: 15.18 SGV ALL-TIME #50: 14.44

Time	Athlete	<u>Gr</u>	School	Notes
14.93	Hakim Williams	12	Covina	
14.93	Josh Kelly	12	Arcadia	
15.00	Owen Qin-Wilson	11	Glendora	NWI
15.35	Lance Babb	10	Schurr	NWI

Marks with wind readings of up to 3.0 mps are included

300 meter Hurdles

SGV Record: 36.18 Makio Haywood (Muir) 1996

2016 SGV Best: 37.62 Jasher Foster (St. Francis)

SGV '17 Standard: 40.68 California #100: 39.87 SGV ALL-TIME #50: 38.30

<u>Time</u>	Athlete	<u>Gr</u>	School	Notes
40.28	Hakim Williams	12	Covina	
40.47	Hunter Walker	12	Damien	

4 x 100m Relay

SGV Record: 40.28 Muir 1997

2016 SGV Best: 41.54c Damien

SGV '17 Standard: 43.92 California #100: 43.05 SGV ALL-TIME #50: 42.14

Time	Athlete	Gr	<u>School</u>	Notes
43.07			Damien	
43.15			Bishop Amat	
43.66			Marshall	
43.88			Diamond Ranch	
43.91			Rowland	

4 x 400m Relay

SGV Record: 3:08.66 Muir 1997

2016 SGV Best: 3:23.14 Damein

SGV '17 Standard: 3:29.60 California #100: 3:25.42 SGV ALL-TIME #50: 3:19.24

<u>Time</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
3:26.25			Bishop Amat	
3:27.05			Claremont	
3:27.37			Monrovia	
3:29.44			Arcadia	

Shot

SGV Record: 65-09.75 John Buehler (Whittier) 1967

2016 SGV Best: 54-09.50 Anthony Garcia (Edgewood)

SGV '17 Standard: 49-05 California #100: 50-04 SGV ALL-TIME #50: 57-07

<u>Mark</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
50-00	Joe Gallardo	12	St. Paul	
49-07	Kevin Thomas	12	Northview	

Discus

SGV Record: 196-05 Kyle Hammerquest (Webb) 2004

2016 SGV Best: 178-03 Tim Krasnoperov (Polytechnic)

SGV '17 Standard: 149-09 California #100: 152-10 SGV ALL-TIME #50: 158-04

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	Notes

High Jump

SGV Record: 7-01 Mark Wilson (Charter Oak) 1989

2016 SGV Best: 6-04 Colin Cavanaugh

SGV '17 Standard: 6-02 California #100: 6-03 SGV ALL-TIME #50: 6-07

<u>Mark</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
6-07	Matthew Molina	10	St. Francis	#46= All-Time SGV
6-04	Michael Stine	09	Bishop Amat	
6-04	Antwuan Ayers	12	Northview	
6-02	Lance Babb	11	Schurr	
6-02	Chuma Azinge	11	San Marino	
6-02	Kellian Goyenaga	12	El Rancho	
6-02	Max Schoerner	12	South Pasadena	

Pole Vault

SGV Record: 16-04.75 Paul Hegler (Muir) 1966

2016 SGV Best: 16-02 Esteban Suarez (South Pasadena)

SGV '17 Standard: 13-09 California #100: 14-00 SGV ALL-TIME #50: 14-06.50

<u>Mark</u>	<u>Athlete</u>	Gr	School	Notes
14-09	Garrett Silva	12	California	#39= All-Time SGV
14-06	Max McGuire	12	Claremont	
14-00	Thomas Prata	11	Rowland	
14-00	Christian Brady	12	South Hills	

Long Jump

SGV Record: 26-00.75 Jerry Proctor (Muir) 1967

2016 SGV Best: 22-07.75 Darius Jing** (Arcadia)

SGV '17 Standard: 21-01 California #100: 21-05.50 SGV ALL-TIME #50: 23-05.75

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	Notes
22-08.50	B.J. Ubani	12	West Covina	NWI
22-02.50	Darius Jing	11	Arcadia	
21-11.50	Jabari Reynolds	12	Ayala	
21-03	Julian Thai	10	Gabrielino	NWI
21-01	Justin Campbell	11	Rosemead	NWI

Marks with wind readings of up to 3.0 mps are included

Triple Jump

SGV Record: 53-06.50 Joe Richardson (Pasadena) 1984

2016 SGV Best: 47-10.25 B.J. McLaurin (Bonita)

SGV '17 Standard: 42-07 California #100: 43-05 SGV ALL-TIME #50: 46-06.25

<u>Mark</u>	Athlete	<u>Gr</u>	<u>School</u>	Notes
46-06.75w	Byran Brown	12	Claremont	
43-08	B.J. Ubani	12	West Covina	NWI
43-07.50	Willie Morris	12	Chino	NWI
42-09	Matthew Molina	10	St. Francis	NWI
42-09	Jabari Reynolds	12	Ayala	
42-07	P.J. Carberry	12	Ayala	NWI

Marks with wind readings of up to 3.0 mps are included