

2015 All San Gabriel Valley

Track & Field Standards

<u>Boys</u>	<u>'14</u>		<u>Girls</u>	<u>'14</u>
11.20	10	100m	12.59	13
22.63	6	200m	25.89	5
50.58	13	400m	59.18	12
1:58.83	14	800m	2:19.88	8
4:25.04	15	1600m	5:11.21	8
9:37.17	17	3200m	11:18.89	3
15.48	12	110/100m Hurdles	15.79	8
40.67	10	300m Hurdles	46.77	10
43.91	10	400m Relay	50.24	9
3:28.90	7	1600m Relay	4:06.75	6
50-06	2	Shot	36-10	6
151-09	2	Discus	117-06	4
6-02	9	High Jump	5-01	7
13-08	7	Pole Vault	10-03	5
21-01	15	Long Jump	16-08	7
42-08	6	Triple Jump	34-10	6

These standards are 102% (or 98% for field events) of the 100th Best California Performer in each event during the 2014 Track and Field season.

'14 = the number of athletes who achieved the standard in 2014