

7th Annual San Gabriel Valley Track and Field Championships
Saturday, April 21, 2012
West Covina High School

Time: All Events start at 10:00am, gates will open at 8:30am.

Tickets: \$5 for adults; \$2 for students with ASB cards and kids.

Facilities: Eight-lane all-weather track and runways. All jumps are within the oval; throws will be contested in the area immediately north of the track with accommodations for spectators. There is a large warm up area east of stadium adjacent to the Clerk of the Course.

Amenities: There will be full concessions, programs, t-shirt sales, *ample restrooms*, and complimentary lunches for coaches.

Divisions: Varsity and Frosh/Soph Divisions for boys and girls.
32-48 athletes will be accepted to compete in Varsity track races, and 12-24 in field events. In the Frosh/Soph division the top 16-32 athletes will compete on the track and 12-24 in the field events. Placing will be determined by the top marks regardless of heat or flight.

Awards: Medals will be awarded to the top six finishers in each division. Embroidered jacket patches will be awarded to all varsity champions.
A perpetual championship trophy will be awarded to the winning Varsity teams to be kept for one year.

The Milan Stewart Award, honoring the late and long-time coach of the Vikings Track Club and West Covina High School, will be given to the top male and female athletes of the meet.

Male and female Small Schools Athlete of the Meet for Div. IV competitors

There will be additional awards for the top Varsity sprinter/hurdler, distance runner and field event athlete for boys and girls. This year we will add a new Small Schools Athlete of the Meet award for competitors from Div IV schools.

Entries: The top heats/flights will be the best performers regardless of school affiliation. The other heats or flights will be filled by a process that balances performance, broad participation and the guaranteed spots, so that one school's #1 athlete in an event may receive precedence over another school's #3 athlete even though the latter athlete might have a slightly better mark.

Every participating school will be guaranteed three Varsity entries per gender, and all Varsity relay entries will be accepted.

All entries will be made online through Athletic.net. Please consider using this excellent resource for recording all of your athlete's marks for the entire season.

Entries will close at 9:00 pm on Sunday, April 15. There are no minimum standards, and you will be charged for accepted entries only.

We will give priority to documented entry marks. Documented marks must be 1) achieved in an invitational meet with publically posted marks. 2) Dual meets recorded contemporaneously in Athletic.net, i.e. teams must document their season on that website.

Accepted Entries and Alternates will be emailed to coaches and posted on the meet website by Monday night, April 16. Your fees will be based on this list.

Scratches made after the accepted entry list has been published and up to check-in time at the Clerk will be filled from the alternate list. Please note that since athletes qualify individually, schools may not substitute another athlete for the athlete who has scratched.

Fees: \$10 per accepted entry, with a maximum fee of \$600 for each school - \$350 for single gender schools. Checks for the fees should be made out to "Glendora High School Track and Field". If your school cannot produce a check by the meet date, or if the check is "in the mail", you may pay with a personal check, which will be held for three weeks in anticipation of the school check.

Access: Athletes are allowed on the infield and track only when competing. There will be designated coaching areas near the field events; otherwise coaches may not enter the infield or the track.

Check-In: Athletes must check in with the Clerk as early as two hours but no later than 45 minutes before scheduled start time of their event. This will allow us run full heats by accounting for late scratches, and enable the athletes to warm up properly rather than being held at the clerk for a long time.

Athletes should report back to the clerk 15 minutes before their race to receive final heat assignments and hip numbers. Athletes who do not check in and who do not receive a hip number will not participate. Coaches, please make sure your athletes understand this process.

Field event athletes should check in directly to the officials at their event site fifteen minutes before the event's scheduled start time.

Results: Will be posted shortly after each event near the West grandstand and at the Clerk. Complete results will be posted after the meet at dyestatcal.com and SGVTrackandField.net

Contact: The meet director is Bob Ramsey from Glendora HS.

Email: bramseyjr@gmail.com Phone: 626/823-2377

Website: www.sgvtrackandfield.net